

9th GRADE PHYSICAL EDUCATION

Mr. Gozdziwski (Mr. G)

Topics covered:

9th grade PE mainly involves team sports. Sports could include: Basketball, Soccer, Ultimate Football, Hockey, Team Handball, Volleyball, Speedball. 9th grade PE will also include a variety of fitness orientated activities such as weight training, functional fitness and cardio work.

Materials needed:

1. Tee shirt or sweat shirt. No cut-offs or tank tops
2. Shorts or sweat pants. No cut-offs, jeans or zip offs
3. Socks
4. Shoes – soft sole, athletic footwear. (could be daily wear)

ASSESSING:

9th Grade Physical Education standards.

(Chilton Standard 1) Develop and use appropriate models

- 1:1 Demonstrates all Basic Skills and strategies while playing team sports
- 1:2 Passes and Catches a variety of objects both stationary and moving.
- 1:3 Demonstrates proficiency in two movement forms in individual or lifetime activities.
- 1:4 Demonstrates balance and body control while moving and manipulating a ball.

(Chilton Standard 2) Obtain, evaluate, communicate

- 2:1 Identifies the differences and benefits of functional fitness and weight training.
- 2:2 Identifies biomechanical principles related to striking, throwing, catching, kicking skills.
- 2:3 Self assesses performance and makes appropriate corrections.

(Chilton Standard 3) Analyze and interpret

- 3:1 Participates willingly in a variety of physical activity.
- 3:2 Recognizes personal effort level to achieve health enhancing benefits.
- 3:3 Participates in lifetime activities that can be pursued in community and school.

(Chilton Standard 4) Develop and use appropriate models)

- 4:1 Works with peers willingly
- 4:2 Exhibits respectful, mature behavior.
- 4:3 Demonstrates responsible decisions regarding time usage, applying rules.
- 4:4 Demonstrates consistent decisions to ensure safety of self and others.

Scoring Policy

9th grade PE students will follow a standards-based learning policy. You will be scored on the Wisconsin State PE Standards. We will follow this tiered scoring system:

- 3 - Meeting expectations
- 2 – Approaching expectations
- 1 – Attempting expectations
- INC – Incomplete

On all assessments, you will receive one of the above scores. Any Chilton or Learning Standard at an incomplete MUST be completed or you will Not pass the class. To pass the class, you need to have an overall score higher than 2.08, with no Chilton or Learning Standards less than Approaching Expectations.

Score reporting:

- At CHS we have Chilton Standards followed by Learning Standards.
- The overall course grade is the average of the Chilton Standard scores.
- Chilton standard scores is the average of the Learning Standards.
- Learning standard score is the average for all scores for that standard.
- All this will be calculated and reported using **POWERSCHOOL**.

Reassessment Policy:

Before you can reassess you must do one of the following:

- Set up time Before School/After School Instruction with Teacher.
- Review materials with Family member. Family member must sign off.
- After one of the above has been completed make arrangements with the instructor for retake.
- Students have the option of reassessing in different ways if necessary.

Reassessment deadline

- Students will have one week to start the reassessment process on anything that has been assessed. (starting from the date the feedback was given.)
- Students can reassess as many times as they'd like within the week state date.

If absent it is up to the individual to check with teacher for any assessment missed.

How to contact me

School email: rockyg@chilton.k12.wi.us

School phone: (920) 849 – 2358 x 4361

Times available: Before school 7:30 am, After School 3:10 pm (when not coaching)

