

# SEPTEMBER | 2023

## Chilton High School Nutrition Break



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Breakfast Pizza, Fruit, Juice Cup, Milk
4 <b>No School</b>	5 Apple Filled Breadstick, Fruit, Juice Cup, Milk	6 French Toast Bites, Fruit, Juice Cup, Milk	7 Donut, Fruit, Juice Cup, Milk	8 Mini Pancakes, Fruit, Juice Cup, Milk
11 Cinnamon Roll, Fruit, Juice Cup, Milk	12 Frudel, Fruit, Juice Cup, Milk	13 <b>No Nutrition Break</b>	14 Breakfast Pizza, Fruit, Juice Cup, Milk	15 Mini Bagel, Fruit, Juice Cup, Milk
18 Flavored Breakfast Bread, Fruit, Juice Cup, Milk	19 Yogurt Parfait, Fruit, Juice Cup, Milk	20 <b>No Nutrition Break</b>	21 Egg & Cheese Bagel, Fruit, Juice Cup, Milk	22 Dutch Waffle, Fruit, Juice Cup, Milk
25 Mini French Toast, Fruit, Juice Cup, Milk	26 Sticklers, Fruit, Juice Cup, Milk	27 <b>No Nutrition Break</b>	28 Ham & Cheese Croissant, Fruit, Juice Cup, Milk	29 Cinnamon Filled Pretzel, Fruit, Juice Cup, Milk

**News**  
School District of  
Chilton

**Served Daily**  
9:30 – 9:40

**Fruit or Juice is  
REQUIRED DAILY  
To make a meal.**

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9-12                    \$1.75  
Reduced             \$0.30  
Staff or Adult      \$2.56  
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**Menus are subject to  
change.**

**This institution is an  
equal opportunity  
provider.**