

NOVEMBER | 2022



Chilton High School Nutrition Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Cinnamon Roll, Fruit, Juice Cup, Milk	2 No Nutrition Break	3 Breakfast Pizza, Fruit, Juice Cup, Milk	4 Mini Bagels, Fruit, Juice Cup, Milk
7 Flavored Breakfast Bread, Fruit, Juice Cup, Milk	8 Yogurt Parfait, Fruit, Juice Cup, Milk	9 No Nutrition Break	10 Egg & Cheese Bagel, Fruit, Juice Cup, Milk	11 Dutch Waffle, Fruit, Juice Cup, Milk
14 Cheese Stuffed Breadstick, Marinara, Fruit, Juice Cup, Milk	15 Mini Cinnis, Fruit, Juice Cup, Milk	16 No Nutrition Break	17 Frudel, Fruit, Juice Cup, Milk	18 Donut, Fruit, Juice Cup, Milk
21 Mini Pancakes, Fruit, Juice Cup, Milk	22 UBR, Fruit, Juice Cup, Milk	23 No School	24 No School	25 No School
28 Mini French Toast, Fruit, Juice Cup, Milk	29 Sticklers, Fruit, Juice Cup, Milk	30 No Nutrition Break	1	2

News
School District of
Chilton

Served Daily
9:30 – 9:40

**Fruit or Juice is
REQUIRED DAILY
To make a meal.**

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9-12 \$1.65  
Reduced \$0.30  
Staff or Adult \$2.56  
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**Menus are subject to
change.**

**This institution is an
equal opportunity
provider.**