

SEPTEMBER | 2022



Chilton High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 <u>Nachos</u> Nacho Meat, Chips, Refried Beans, Toppings Pizza, Green Beans	2 No School
5 No School	6 <u>Spaghetti Day</u> Pasta, Meatballs, Marinara, OR Alfredo, Breadstick, Peas Brat, Bun, Sun Chips, Peas	7 Chicken Bacon Swiss, Bun, Broccoli Baked Potato, Diced Ham, Broccoli, Yogurt, Roll, Cookie	8 BBQ Pork, Bun, Spring Salad Chicken Bacon Ranch Wrap, Chips, Spring Salad	9 Fish Sandwich, Potato Salad, Mixed Vegetables Sausage Pizza, Mixed Vegetables
12 Chicken & Gravy, Mashed Potatoes, Biscuit, Green Beans Philly Steak Sub, Green Beans	13 Bacon Cheeseburger, French Fries, Baked Beans BBQ Chicken, Bun, French Fries, Baked Beans	14 Mini Corn Dogs, Seasoned Noodles, Mixed Veggies Chicken Cordon Bleu, Mixed Vegetables	15 Grilled Chicken on a Salad Bed, Corn, Roll <u>Mashed Potato Bowl</u> Potatoes, Chicken, Corn, Gravy, Roll	16 Pizza Dippers, Marinara Sauce, Carrots Hot Dog, Bun, Chips, Carrots
19 Chicken Tetrizzini, Bread, Peas Calzone, Peas	20 Sub Sandwich, Toppings, Chips, Baked Beans Sloppy Joe, Bun, Chips, Baked Beans	21 Meatballs & Gravy, Pasta, Corn, Roll Grilled Chicken Breast, Bun, Rice, Corn	22 <u>Chicken Fajita</u> Chicken, Tortilla, Rice, Toppings Southwest Turkey Panini, Asparagus	23 BBQ Rib, Bun, Carrots Cheese Quesadilla, Salsa, Sour Cream, Carrots
26 Cheddar Dog, Bun, Chips, California Blend Japanese Cherry Chicken, Rice, Oriental Vegetables, Egg Roll	27 <u>Pizza Heaven</u> Meat Lovers or Cheese Broccoli Corn Dog, Mac N Cheese, Broccoli	28 Chicken Parmesan, Bun, Corn Personal Pan Pizza, Corn	29 French Toast Sticks, Hash browns, Sausage Links Chicken Stir Fry, Rice, Egg Roll, Fortune Cookie	30 Cheesy Pull Aparts, Marinara Sauce, Peas Gyros, Peas

News School District of Chilton

LUNCH PRICES

9-12	\$2.75
Reduced	\$0.40
Staff or Adult	\$4.65

Double Entrée on the SAME BAR \$2.00

Students must select 3 of the 5 Food Groups. (Protein, Grains, Fruit, Vegetables, Milk) One must be either 1/2 cup of FRUIT OR VEGETABLES or A COMBINATION OF THE 2, equaling 1/2 cup to MAKE A MEAL

*****SERVED DAILY***
3 Varieties of Milk,
Salad Buffet with
Fruits & Veggies**

Menus are subject to Change

This institution is an equal opportunity provider