

WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose (clear discharge) or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours and didn't need medicine.



Keep me at home if...

I have a temperature higher than 100 degrees.

I have been throwing up or have had diarrhea in the last 24 hours.

My eyes are red and painful with discharge that keeps coming back during the day.

I have been having body aches, fatigue or frequent headaches.

I have a runny nose that has yellow or green discharge and a fever.

I have a sore throat with a fever.

I have an undiagnosed rash.



Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I have had a sore throat and fever for several days. I've been throwing up or have diarrhea for more than two days.

I've had a cough for more than a week, and it isn't getting better.

I have had a fever and now have a rash.

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